



Employers'
LINK-JOB DESCRIPTION
For Temporary Light Duty Work

Department of Labor and Industries
**Review of Job Analysis
 and Job Description**
Physician Billing Codes:
 1038M-Limit one per day
 1028M-Each additional review,
 up to five per workers per day

PE-1-M

Worker:		Claim #:	
Company:		Job Title: MODIFIED: Low Back Electrician: Construction or Maintenance: Power House	
Phone No:		Hours per day:	Days per week:
Employer Name (please print):			Title:
Employer Signature:			Date:
<p>Foreman: <i>Please refer to the Level 1 Mechanic Craft Classification Work Function List for training or modifications.</i></p> <p>Essential Job Duties:</p> <ol style="list-style-type: none"> 1. Participate in pre-shift planning meeting, problem solving groups and safety meetings. 2. Identify and report unsafe conditions and complete work order for corrective action. 3. Document crew licenses and certifications are up to date and filed. If a license is expiring soon, contact crew member with a reminder memo. 4. Develop safety and skill training in the injured crew member's areas of greatest expertise. Take pictures of the machine or electrical unit and create a manual for those tasks for training future workers and contract labor. Schedule a demonstration. 5. Ensure that prior to starting a test, communications are made to other crafts, management, supervisors and Dispatch and Operations regarding the test. 6. Inspect equipment (within physical limitations) and document that, after maintenance or repairs have been performed, the work space has been returned to operational status. 7. Make wire and conduit labels; affix to wires and conduits. Use personnel lift for higher conduits or postpone. 8. Gather information from appropriate parties to determine priorities for scheduling work and convey this information to the foreman. 9. Assess staff, materials and equipment to determine there are sufficient resources available to complete upcoming work orders. Document what is needed and who is responsible for ordering the materials and gain approval from engineer or foreman as appropriate. Create requisitions for materials, as allowed, and forward to purchasing department. Track estimated time of arrival for materials and report to foreman to schedule job. May require assistance to access parts above shoulder height. 10. Assist in troubleshooting process through data collection and verification. Document test results and submit to appropriate personnel. 11. Verify repairs have been performed if visual inspection can be performed within limitations. If not, work with a partner. Document equipment installation, maintenance & repair. Develop maintenance and repair logs. 12. Verify blueprints, P, C and ID's (piping, cable and instrumentation diagrams) and schematics contain the latest revisions. Gather all redline drawings from crew members. Transfer redline corrections to as built drawings. Archive previous redline versions. 13. At workbench, inspect and repair electrical hand tools, mag lights, cords and test equipment. Rewire boxes. 14. Inventory and document the amount of cable left on spools. Update the document as cable is used and notify foreman when re-order point is reached. Proceed with tasks as listed under number 8. 15. Make a chart of which what color tools belong in each department with a map of the home base for where specific tools are stored. Duplicate, laminate and have charts posted around plant to find tools quickly. 16. Data entry: complete Maximo Records Management report, Daily Work Order report and weekly Percentage of Completion report as directed by foreman. 			

<p>Machinery, tools, equipment and personal protective equipment description:</p> <p>Computer, pen and paper, small hand tools, voltage meters, communication radio, cell phone, micrometer, dial indicators.</p>	<p>Modification Equipment Required:</p> <p>*Ergonomic chair suitable for the injured worker for prolonged sitting. May need head rest for a neck injury.</p> <p>*Sit to stand electric desk to sit or stand at will and to position keyboard at proper height to avoid static muscle loading in neck.</p> <p>*Rolling mechanic's stool for accessing low areas.</p> <p>*Access to electric motor utility cart available to injured worker to reduce walking.</p>	
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FREQUENCY DEFINITIONS						
N: Never (not at all) 0 minutes	S: Seldom (1%-10% of the time) up to 48 min.	O: Occasional (11%-33% of the time) 49 min. to 2 hrs., 25 min.	F: Frequent (34%-66% of the time) 2 hrs., 26 min. to 5 hrs., 35 min.	C: Constant (67%-100% of the time) more than 5 hrs., 36 min.		
PHYSICAL DEMANDS	FREQUENCY					DESCRIPTION OF TASKS
	N	S	O	F	C	
Sitting:				X		While using computer, attending meetings, riding in utility cart, or as confined space attendant. May sit/stand at will with use of *electric sit-stand desk. *Doctor please indicate need for modification.
Standing:			X			While observing equipment, as confined space attendant if able (may bring chair), repairing or replacing small parts, installing labels.
Walking:			X			Around the plant. *May use utility cart for transportation to reduce walking. *Doctor, please indicate need for modification.
Climbing Ladders / Stairs (circle one)		X				Uses elevator. May limit where worker can go, some stairs required. May use scissor lift instead of ladder to access high areas.
Twisting at the Waist		X				May occur while accessing parts and supplies.
Bending / Stooping:		X	X			While accessing parts or performing light repairs or installations below waist level. May choose to bend, kneel or squat.
Squatting / Kneeling:		X				*May use rolling stool for accessing low shelves or equipment. *Doctor please indicate need for modification.
Crawling:	X					Not present while performing light repairs or installations.
Reaching Out Both				X		Working with tools for repairs, keyboarding.
Working above shoulder Dominant or Both			X	X		May need to reach parts that are above shoulder height or to affix labels. The computer workstations cause shoulder hunching. This may be modified with a height adjustable electric table. Doctor, please indicate need for modification below.
Handling / Grasping Dominant			X			Tools, mouse, pen, cart for traveling around plant.
Fine Manipulation Dominant			X			Small parts, pen, writing.
Keyboarding				X		For data entry, documenting task procedures and safety protocols.
Wrist flexion Both		X				May occur while using a tool. Some computer workstations may cause flexion (modifications fix this).
Repetitive Motion Both				X		Keyboarding.
Vibratory Tasks	X					None noted.
Foot Controls / Driving			X			When using motorized utility cart.
Talking / Hearing / Seeing			X			Conversing with coworkers or supervisor about task at hand.

Worker:

Claim No:

Link-Job Description: PE-1-M

Lifting / Pushing	Never	Seldom	Occasional	Frequent	Constant
<i>Example</i>	<u>50</u> lbs	<u>20</u> lbs	<u>10</u> lbs	<u>0</u> lbs	<u>0</u> lbs
Lift: R or L or B	___ lbs	___ lbs	<u>10</u> lbs	<u>1</u> lbs	___ lbs
Carry DISTANCE <u>5 ft.</u> Both - Use cart	___ lbs	___ lbs	<u>10</u> lbs	<u>1</u> lbs	___ lbs
Push / Pull R or L or B	___ lbs	___ lbs	<u>5</u> lbs	___ lbs	___ lbs

Job Description Developed by:

Signature: <i>Chandra Caine</i>	Date: 12/2/2015
Name (Please print): Chandra Pat Caine, MS, CDMS	Title: Vocational Rehabilitation Counselor WA # 11099

Job Description Approved by Foreman:

Signature:	Date:
Name (Please print):	Title:

FOR HEALTH PROVIDER'S USE ONLY

Provider Approval: <input type="checkbox"/> Yes <input type="checkbox"/> No	Hours per day:	Days per week:	Effective date:
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If no, please provide objective medical documentation to support your decision.

Modifications Required by Provider:

- Ergonomic chair with LUMBAR SUPPORT for low back to reduce disc pressure in lower back for BACK INJURY or
- Ergonomic chair with HEADREST to take weight of head off neck while keyboarding to reduce pain for NECK INJURY
- Electric sit-stand desk to allow worker to sit or stand at will.
- Rolling stool for accessing low shelves or equipment to avoid bending.
- Utility cart for transportation to reduce walking.
- Access to personnel lift when needed.
- Other:

Provider Signature:	Provider Name (Please print):	Date:
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