

Employers'
LINK-JOB DESCRIPTION
For Temporary Light Duty Work

Department of Labor and Industries
Review of Job Analysis and Job Description
Physician Billing Codes:
 1038M-Limit one per day
 1028M-Each additional review,
 up to five per workers per day


PE-1-MX-SW

Worker:	Claim #:		
Company:	Job Title: MODIFIED; Shoulder/Wrist/Hand Electrician: Construction or Maintenance: Power House		
Phone No:	Hours per day:	Days per week:	
Employer Name (please print):		Title:	
Employer Signature			Date:

Foreman: *Please refer to the Level 1 Mechanic Craft Classification Work Function List for training or modifications.*

Essential Job Duties:

1. Participate in pre-shift planning meeting, problem solving groups and safety meetings.
2. Perform Job Hazard Assessments, report unsafe conditions and complete work order for corrective action.
3. Document crew licenses and certifications are up to date and filed. If a license is expiring soon, contact crew member with a reminder memo.
4. Develop a Craft Wisdom Document: safety and skill training in the injured crew member's areas of greatest expertise. Take pictures of the machine or electrical unit and create a manual for those tasks for training future workers and contract labor. Schedule a demonstration. May use speech to text software.
5. Ensure that prior to starting a test, communications are made to other crafts, management, supervisors and Dispatch and Operations regarding the test.
6. Inspect equipment (within physical limitations) and document that after maintenance or repairs have been performed, the work space has been returned to operational status.
7. Gather information from appropriate parties to determine priorities for scheduling work and convey this information to the foreman.
8. Assess staff, materials and equipment to determine there are sufficient resources available to complete upcoming work orders. Document what is needed and who is responsible for ordering the materials and gain approval from engineer or foreman as appropriate. Create requisitions for materials, as allowed, and forward to purchasing department. Track estimated time of arrival for materials and report to foreman to schedule job. May require assistance to access parts above shoulder height. May need iPad with speech to text for recording notes when unable to write. Computer workstation must be modified to avoid static muscle loading or wrist flexion/extension.
9. Assist in troubleshooting process through data collection and verification. Document test results and submit to appropriate personnel.
10. Verify repairs have been performed if visual inspection can be performed within limitations. If not, work with a partner. Document equipment installation, maintenance & repair. Develop maintenance and repair logs.
11. Verify blueprints, P, C and ID's (piping, cable and instrumentation diagrams) and schematics contain the latest revisions. Gather all redline drawings from crew members. Work with another crew member to transfer redline corrections to As-Built drawings if dominant hand cannot be used. Archive previous redline versions.
12. Data entry: complete Maximo Records Management report, Daily Work Order report and weekly Percentage of Completion report as directed by foreman.

<p>Machinery, tools, equipment and personal protective equipment description:</p> <p>Computer, pen and paper, small hand tools, voltage meters, communication radio, cell phone, micrometer, dial indicators.</p>		<p>Modification Equipment Required:</p> <ul style="list-style-type: none"> *Articulating keyboard arm installed on table to eliminate shoulder hunching and wrist flexion/extension *Speech to text software for computer to limit use of injured dominant hand or shoulder. *iPad or Android Tablet for speech to text notetaking to limit use of injured dominant hand or shoulder. *Ergonomic chair suitable for the injured worker with pivoting padded armrests to relieve static muscle loading in shoulders.
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Dictate notes on tablet or phone

FREQUENCY DEFINITIONS

N: Never (not at all) 0 minutes	S: Seldom (1%-10% of the time) up to 48 min.	O: Occasional (11%-33% of the time) 49 min. to 2 hrs., 25 min.	F: Frequent (34%-66% of the time) 2 hrs., 26 min. to 5 hrs., 35 min.	C: Constant (67%-100% of the time) more than 5 hrs., 36 min.
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PHYSICAL DEMANDS	FREQUENCY					DESCRIPTION OF TASKS
	N	S	O	F	C	
Sitting:				X		While using computer, attending meetings, riding in utility cart, or as confined space attendant.
Standing:		X	X			While observing equipment, as confined space attendant if able, repairing or replacing small parts.
Walking:		X				Around the plant. May use utility cart for transportation.
Climbing Ladders / Stairs (circle one)	X					Uses elevator. May limit where worker can go. May use scissor lift instead of ladder to access high areas.
Twisting at the Waist		X				May occur while accessing parts and supplies.
Bending / Stooping:		X				While accessing parts and supplies or performing light repairs or installations.
Squatting / Kneeling:	X	X				May occur while accessing parts and supplies.
Crawling:	X					May be avoided.
Reaching Out Both				X		Working with tools for repairs, keyboarding. May be modified with job-site modifications listed above.* Doctor, Please indicate need for modification below.
Working above shoulder Dominant or Both			X	X	X	May need to reach parts that are above shoulder height. Some computer workstations may cause shoulder hunching. This may be modified with an articulating keyboard arm or electric table. Doctor, Please indicate need for modification below.
Handling / Grasping Dominant			X			Tools, mouse, pen, cart for traveling around plant.
Fine Manipulation Dominant			X			Small parts, pen, writing.
Keyboarding				X		For data entry, documenting task procedures and safety protocols. Doctor, Please indicate need for modification below.
Wrist flexion Both				X		Some computer workstations may cause flexion. Doctor, Please indicate need for modification below.
Repetitive Motion Both				X		Keyboarding. Doctor, Please indicate need for modification below.
Vibratory Tasks	X					None noted.
Foot Controls / Driving		X				When using motorized utility cart.
Talking / Hearing / Seeing			X			Conversing with coworkers or supervisor about task at hand.

Worker:

Claim No:

Link-Job Description: PE-1-MX-SW

Lifting / Pushing	Never	Seldom	Occasional	Frequent	Constant
<i>Example</i>	<i>50 lbs.</i>	<i>20 lbs.</i>	<i>10 lbs.</i>	<i>0 lbs.</i>	<i>0 lbs.</i>
Lift: R or L or B	<u>6</u> lbs.	___ lbs.	<u>5</u> lbs.	<u>1</u> lbs.	___ lbs.
Carry DISTANCE <u>5</u> ft Both - Use cart	<u>6</u> lbs.	___ lbs.	<u>5</u> lbs.	<u>1</u> lbs.	___ lbs.
Push / Pull R or L or B	<u>6</u> lbs.	___ lbs.	<u>5</u> lbs.	<u>1</u> lbs.	___ lbs.

Job Description Developed by:

Signature: <i>Chandra Caine</i>	Date: 12/2/2015
Name (Please print) Chandra Pat Caine, MS, CDMS	Title: Vocational Rehabilitation Counselor WA # 11099

FOR HEALTH PROVIDER'S USE ONLY

Provider Approval: <input type="checkbox"/> Yes <input type="checkbox"/> No	Hours per day: _____	Days per week: _____	Effective date: _____
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If no, please provide objective medical documentation to support your decision.

- Modifications Required by Provider:**
- Articulating keyboard arm installed on table to eliminate shoulder hunching and wrist flexion/extension
 - Speech to text software for computer to avoid typing
 - iPad or Android Tablet for speech to text notetaking to limit use of injured dominant hand or shoulder
 - Ergonomic chair with pivoting padded armrests to support forearms and prevent static muscle loading in shoulder
 - Other:

Provider Signature:	Provider Name (Please print):	Date:
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