



Employers'
LINK-JOB DESCRIPTION
For Temporary Light Duty Work

Washington Department of Labor and Industries
Review of Job Analysis and Job Description
Physician Billing Codes:
 1038M-Limit one per day
 1028M-Each additional review,
 up to five per workers per day

LW-2M-NAS

Worker:		Claim #:	
Company:		Job Title: Line Worker: Level 2 Modified – Neck, Arm, Shoulder	
Phone No:		Hours per day:	Days per week:
HR/Supervisor Name (please print):		Title:	
Employer Signature			Date

Essential Job Duties:

1. Participate in pre-shift planning meeting, problem solving groups and safety meetings.
2. Review Material Acquisitions for accuracy: Supervisor will assign worker to a line crew that is doing smaller one day jobs (worker will only perform this function with fully staffed crews). In the morning, look at left over parts from previous day's job; make a list. Riding in foreman's truck, take Material Acquisitions for the previous day and current job, plus Stock Item Book along to jobsite. Look up the stock numbers for the left-over items and make a list for the Supervisor. Review the material list for the current jobsite with foreman to see if all the needed materials are there. The crew may find they are missing some things as the job progresses. The worker may drive to warehouse to get needed items for crew. Make a list of these items also, with stock numbers, and turn completed lists into Supervisor at end of day. Worker may review left over items from other crews' small jobs while with assigned crew. Worker may sit in truck, stand or walk around job site at will.
3. Get handwritten Close Call Reports from foreman and enter information into company data base. Review Close Calls Reports on computer. Identify and complete work order for corrective action and/or follow up with assigned worker to document corrective action they have recommended. *At this level the worker may visit the location of a close call to aid in the investigation.*
4. Gather information from appropriate persons to determine priorities for scheduling work and convey this information to the supervising foreman. *At this level, worker may personally visit people to get information.*
5. Assess materials and equipment (if accessible within injury limitations) to determine there are sufficient resources available to complete upcoming work orders. Document what is needed and who is responsible for ordering the materials and gain approval from engineer or foreman as appropriate. Create requisitions for materials, as allowed, and forward to purchasing department. Track estimated time of arrival for materials and report to foreman to schedule job. May require assistance to access parts above shoulder height.
6. Drive automatic truck on routes and check conditions of roads and right of ways to structures to make sure they are passable for line equipment. Document any obstructions and give report to Line Crews Supervisor. *At this level, worker may drive to tolerance and alternate with in-office desk activities.*
7. Driving an automatic vehicle, plan a route and audit the aerial trespass of secondary conductors from transformers to meters. Record pertinent information on lap top in truck. *At this level, worker may drive and get in and out of truck to tolerance, and choose to return to office for sit-stand tasks as needed.*
8. Driving an automatic vehicle, plan a route and review the LED and regular streetlights, count the number of lights, and note any service work that is needed. After the tour, return to designated office and document the number of service calls for each light, the cost to maintain, cost savings with the new LED lights and their cost to install. Give this info to the supervisor. *At this level, worker may drive and get in and out of truck to tolerance, and choose to return to office for sit-stand tasks as needed.*
9. **May perform regular job duties that are within the physical demands outlined in this job description.**

Potential Training Needed:

Worker will need basic skills in using a computer, creating documents in Word and filling in cells in Excel for data entry. Instruction in how to adjust the ergonomic chair and sit-stand desk should occur at beginning of this Link-Job.

Machinery, tools, equipment and personal protective equipment description: Computer, Stock Number Book, Pens, Clipboard, Phone, Tape measure or laser distance meter, Safety vest, Hard hat

Modification Equipment Recommended:



Gel seat pad absorbs vibration on bumpy road.
Silicon steering wheel cover absorbs vibration going into arms, hands.



Ergonomic Chair custom fit to the worker with lumbar support, pivoting padded armrests if needed for a shoulder injury, and potentially a headrest if needed for a neck injury.*



Sitting - Standing Workstation to position keyboard at the proper height or a desk with an articulating keyboard platform to position keyboard at the proper height to keep shoulders relaxed.

FREQUENCY DEFINITIONS

N: Never (not at all) 0 minutes	S: Seldom (1%-10% of the time) up to 48 min.	O: Occasional (11%-33% of the time) 49 min. to 2 hrs. 25 min.	F: Frequent (34%-66% of the time) 2 hrs. 26 min. to 5 hrs. 35 min.	C: Constant (67%-100% of the time) more than 5 hrs. 36 min.
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PHYSICAL DEMANDS	FREQUENCY					DESCRIPTION OF TASKS
	N	S	O	F	C	
Sitting:				X*		Worker sits while driving. May return to office when driving tolerance is reached to do computer work at sit-stand desk.* Computer workstation may be modified with chair and keyboard positioning as shown. Truck may be modified with seat pad that absorbs vibration & steering wheel cover. Select mods needed below
Standing:			X			
Walking:			X			
Climbing Stairs:		X				There are short flights of stairs at the yard for accessing different places in company yard.
Twisting at the Waist:		X				May occur while looking at things. Worker may pivot instead.
Bending / Stooping:		X				Worker may bend to look at parts in tubs for task Number 2.
Squatting / Kneeling:	X					Not required.
Crawling:	X					Not required.
Reaching Out: Both or Dominant			X			Worker may reach to drive, look at parts or retrieve a supply.
Working above shoulder Dominant or Both	X					Not required.
Handling / Grasping: R or L, Both			X			Driving and worker may handle parts to identify them
Fine Manipulation Dominant			X			Writing, taking notes
Keyboarding			X*			Required for data entry, updating handbook or other documents needing to be created.*See modifications below.
Wrist flexion Both		X*				Not required if adjustable desk is at proper height and risers are down on back of keyboard.* May occur using laptop for short duration in truck.
Repetitive Motion R L Both	X					Not required.
Vibratory Tasks	X					Not required.
Foot Controls / Driving	X					Not required.
Talking / Hearing / Seeing					X	To communicate with supervisor and co-workers about tasks.

Lifting / Pushing	Never	Seldom	Occasional	Frequent	Constant
<i>Example</i>	50 lbs.	20 lbs.	10 lbs.	0 lbs.	0 lbs.
Lift: Either	21 lbs.	20 lbs.	10 lbs.	1 lbs.	1 lbs.
Carry: DISTANCE: Either arm: 10 ft.	21 lbs.	20 lbs.	5 lbs.	lbs.	lbs.
Push / Pull Either arm: truck door	21 lbs.	lbs.	5 lbs.	lbs.	lbs.

Worker:

Claim No:

Link-Job: Line Worker 2 Modified – Neck, Arm, Shoulder

Job Description Developed by:			
Signature <i>Chandra Caine</i>		Date 3/23/2017	
Name (Please print) Chandra Pat Caine, MS, CDMS		Title Vocational Rehabilitation Counselor WA # 11099	
Job Description Approved by Foreman:			
Signature		Date	
Name (Please print)		Title	
FOR HEALTH PROVIDER'S USE ONLY			
Provider Approval <input type="checkbox"/> Yes <input type="checkbox"/> No	Hours per day	Days per week	Effective date
If no, please provide objective medical documentation to support your decision.			
Modifications Required by Provider:			
<input type="checkbox"/> Ergonomic Chair custom fit to the worker with lumbar support to maintain neutral curvature of the spine. <input type="checkbox"/> Add pivoting padded armrests to support forearms while keyboarding and remove weight from an injured shoulder. <input type="checkbox"/> Add a headrest if needed to support the head and take the weight off the neck to avoid static muscle loading for a neck injury. <input type="checkbox"/> Sitting - Standing Workstation to position keyboard at the proper height or a desk with an articulating keyboard platform to position keyboard at the proper height to keep shoulders relaxed. <input type="checkbox"/> If sitting standing capability not needed, articulating keyboard arm attached to desk/table to keep keyboard at proper height and shoulders relaxed. <input type="checkbox"/> Shock absorbing gel seat pad to reduce vibration going up spine while driving on bumpy roads. <input type="checkbox"/> Shock absorbing silicon steering wheel cover to absorb vibration going up arms to neck and shoulders while driving. <input type="checkbox"/> Other:			
Provider Signature	Provider Name (Please print)	Date	